409 High Street Northcote 3070
301 Albert Street Brunswick 3056

reception@turnthecorner.com.au or 1300 557 502

20/03/2024

Fluence Clinic
Fluence Clinic Boat Harbour Beach Office
Tasmania 7321
Phone: 0457 243 459
Fax:
referrals@fluenceclinic.com

Dear Sir/Madam,

RE: Nathan Rashleigh
1 Hay Street
Preston VIC 3072
Mobile 0433 034 004 DOB: 10/05/1989
Medicare Mr Nathan Troy Rashleigh 4356030743 1

Thank you for seeing Nathan Rashleigh.

For 291 Assessment ?ADHD

34M
lives alone
computer programmer - not currently working
in a relationship
no reg meds

recently saw Psychologist Nikki Thampy
for ADHD assessment - diagnosed ADHD - inattentive type

struggling with
inattention, poor focus

freq losing things, forgetting things
school reports - daydreamer, did not apply self
loses focus mid conversation, prev freq interrupts people mid conversation
sleep OK
previously tried dex - found it calming

has had a difficult year - relationship break up and job redundancy
flunked a few recent job interviews
mood 3/10 in past few weeks

dw path to diagnosis

ref Psychiatrist for formal assessment
review after

If Nathan is diagnosed with ADHD I am happy for you to delegate the prescribing of stimulant medication to me.

When I receive the letter from Nikki I will forward that onwards.

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-MBM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Vitd/pth
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 16:44

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Vitamin D and Metabolic Bone Markers (Serum)

Coll Date:	**14/04/23**			
Coll Time:	**11:30**			
Lab Number:	**10203993**			
25-OH Vit D	38	L	(50-200)	nmol/L

25-OH Vit D result consistent with mild deficiency. If commencing / altering supplementation, measure 25-OH Vit D again in three to four months. Target level > 50 nmol/L at the end of winter.

Tests to follow: BSL,HEPS,FBC,MUVS,MALB,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-RCM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Biochemistry, Serum
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 16:58

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Biochemistry (Serum)

Coll Date: **14/04/23**
Coll Time: **11:30**
Lab Number: **10203993**

Sodium	140		(135-145)	mmol/L
Potassium	4.1		(3.5-5.5)	mmol/L
Chloride	104		(95-110)	mmol/L
Bicarbonate	29		(22-32)	mmol/L
Anion Gap	11		(8-19)	mmol/L
Urea	5.6		(3.2-8.2)	mmol/L
Creatinine	111	H	(60-110)	umol/L
eGFR	75		(> 59)	
Total Protein	73		(60-80)	g/L
Globulin	30		(23-39)	g/L
Albumin	43		(34-50)	g/L
Bilirubin Total	8		(< 21)	umol/L
Alk. Phosphatase	54		(30-110)	U/L
Gamma GT	11		(< 51)	U/L
ALT	20		(< 40)	U/L
AST	21		(< 35)	U/L

Tests to follow: HEPS,FBC,MUVS,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-FEM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Iron Studies
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 16:58

Clinical Notes: headaches
Pathologist: Dr C. Harris

Iron Studies (Serum)

Coll Date:	**14/04/23**		
Coll Time:	**11:30**		
Lab Number:	**10203993**		
Ferritin	141	(30-300)	ug/L
Iron	19	(11-30)	umol/L
Transferrin	2.1	(2.0-3.6)	g/L
Transferrin Sat.	36	(20-50)	%

Tests to follow: HEPS,FBC,MUVS,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-LPM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Lipid Studies
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 16:58

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Lipid Studies (Serum)

Coll Date:	**14/04/23**			
Coll Time:	**11:30**			
Lab Number:	**10203993**			
Status	Fasting			
Cholesterol	5.0		(< 5.6)	mmol/L
Triglyceride	0.9		(< 2.1)	mmol/L
HDL-c	1.3		(> 0.9)	mmol/L
LDL-c	3.3	H	(< 3.1)	mmol/L
TC/HDL-c	3.8		(< 4.5)	
Non-HDL-c	3.7		(< 4.1)	mmol/L

National Heart Foundation treatment targets for high risk patients:

Cholesterol	<4.0
Triglyceride	<2.0
HDL-c	>1.0

LDL-c	<2.5(<1.8 mmol/L for very high risk)
Non-HDL-c	<3.3(<2.5 mmol/L for very high risk)

Tests to follow: HEPS,FBC,MUVS,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-HOR-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Hormones
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 16:59

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Reproductive Hormones (Serum)

Coll Date: **14/04/23**
Coll Time: **11:30**
Lab Number: **10203993**

Testosterone	27.4	(9.2-31.8)	nmol/L

Normal total testosterone. If clinical symptoms are suggestive of hypogonadism, measurement of total testosterone should be repeated along with SHBG, LH and FSH.

Tests to follow: HEPS,FBC,MUVS,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-GLM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Glucose
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 17:05

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Glucose (Serum/Plasma)

Coll Date: **14/04/23**
Coll Time: **11:30**
Lab Number: **10203993**

Glucose Fasting	4.6	(3.0-5.4)	mmol/L

Diabetes unlikely (no documented laboratory history of diabetes). Retest every 3 years if low risk.

Tests to follow: HEPS,FBC,MUVS,TFT,B12/FOL

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-VBM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: B12/folate Master
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 17:26

Clinical Notes: headaches
Pathologist: Dr C. Harris

B12/Folate (Serum)

Coll Date: **14/04/23**
Coll Time: **11:30**
Lab Number: **10203993**

Active Vit. B12	112	(> 35)	pmol/L
Serum Folate	36.7	(> 12.0)	nmol/L

Tests to follow: HEPS

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-HPM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Full Blood Count
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 17:29

Clinical Notes: headaches
Pathologist: Dr C. Harris

Full Blood Count (Whole Blood)

Coll Date: **14/04/23**
Coll Time: **11:30**
Lab Number: **10203993**

HAEMOGLOBIN	146	(130-180)	g/L
RBC	4.8	(4.5-6.5)	10^12/L
HCT	0.41	(0.38-0.52)	
MCV	85.6	(80.0-100.0)	fL
MCH	31	(26-32)	pg
MCHC	355	(300-360)	g/L
RDW	13.5	(< 15.1)	%
WCC	5.8	(4.0-11.0)	10^9/L
Neutrophils	3.1	(2.0-8.0)	10^9/L
Lymphocytes	2.2	(1.0-4.0)	10^9/L
Monocytes	0.3	(0.2-1.0)	10^9/L
Eosinophils	0.2	(< 0.8)	10^9/L
Basophils	0.0	(< 0.2)	10^9/L
PLATELETS	241	(150-400)	10^9/L
MPV	8.0	(6.5-11.0)	fL

FBC parameters normal.

Tests to follow: HEPS

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-10203993-THM-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Thyroid
Requested: 13/04/2023 **Collected:** 14/04/2023 **Reported:** 15/04/2023 17:39

Clinical Notes: headaches
Pathologist: Dr P. Stewart

Thyroid (Serum)

Coll Date: **14/04/23**

Coll Time: **11:30**
Lab Number: **10203993**

TSH 2.60 (0.50-4.00) mIU/L

Euthyroid.

Tests to follow: HEPS

RASHLEIGH, NATHAN
1 HAY STREET, PRESTON. 3072
Phone: 0433034004
Birthdate: 10/05/1989 **Sex:** M **Medicare Number:** 43560307431
Your Reference: **Lab Reference:** 23-8139704-ECG-0
Laboratory: 4Cyte Pathology
Addressee: Dr BILAL CHAUDARY **Referred by:** Dr BILAL CHAUDARY

Name of Test: Electrocardiogram
Requested: 14/04/2023 **Collected:** 14/04/2023 **Reported:** 16/04/2023 23:03

Clinical Notes: nil

Electrocardiogram

Heart rate: 54 bpm

Diagnosis: Sinus rhythm

Within normal limits

Reported by Dr. Ken Lu

Tests to follow: All Tests now completed

05/11/2014 Bilateral Otitis media

Sincerely yours,



Dr Stefan Panczak
241616JB